

AHES

Australian Health Economics Society

41st Annual AHES Conference Melbourne, 24-25 September 2019

Conference Program



Australian Government

Department of Health

Australian Institute of Health and Welfare



Acknowledgement:

Platinum sponsor: Australian Government Department of Health

Silver sponsor: Australian Institute of Health and Welfare

Keynote Speakers

Professor Jody Sindelar



Professor Jody Sindelar is a Professor of Public Health and Economics at the Yale School of Public Health (YSPH), Department of Health Policy and Management (HPM), and at the Yale University Department of Economics. In addition, she is a Research Associate at the National Bureau Economic Research (NBER), Research Fellow at the IZA Institute of Labor Economics, Associated Faculty at the Institution for Social and Policy Studies (ISPS) at Yale, Bing Visiting faculty at Rand Corporation in Santa Monica, CA and Washington, DC, and has been the President-elect, President, Past President & founding member of the American Society of Health Economists (ASHEcon).

Professor Thomas Buchmueller



Professor Buchmueller holds the Chair of Business Economics and Public Policy at the University of Michigan Ross School of Business. He had undertaken extensive research in the US, as well as in other countries such as France, Australia and the Netherlands, on the impact of public policies on health insurance markets, and on impacts of health care reform. Most recently, his research has focused on the impact of the Affordable Care Act expanded insurance coverage on patients and health care provider organisations.

Program Overview

Tuesday 24th September

- 8:00 – 8:50: Registration
8:50 – 9:00: Welcome Address
9:00 – 10:00: **Plenary Session 1: Tom Buchmueller (University of Michigan)**
Economic Effects of the ACA Medicaid Expansion
10:00 – 10:30: Morning Tea
10:30 – 12:10: **Parallel Session 1**
12:10 – 1:00: Lunch
1:00 – 2:40: **Parallel Session 2**
2:40 – 3:10: Afternoon Tea
3:10 – 4:50: **Parallel Session 3**
5:30 – 6:30: AHES AGM
(pre-AGM drinks 5:00-5:30)
7:00 – Late: Drinks & Dinner

Wednesday 25th September

- 8:15 – 9:00: Special session: Launch of AIHW Health Expenditure report
8:00 – 9:00: Registration
9:00 – 9:50: **Parallel Session 4**
9:50 – 10:20: Morning Tea
10:20 – 12:00: **Parallel Session 5**
12:00 – 12:50: Lunch
12:50 – 2:05: **Parallel Session 6**
2:05 – 2:35: Afternoon Tea
2:35 – 3:35: **Plenary Session 2: Jody Sindelar (Yale)**
Health Behaviors: Big Data, New Tech and Opportunities
3:35 – 4:00: Awards Ceremony

Please note that within parallel sessions each standard presentation has been allotted 20min + 5min for questions.

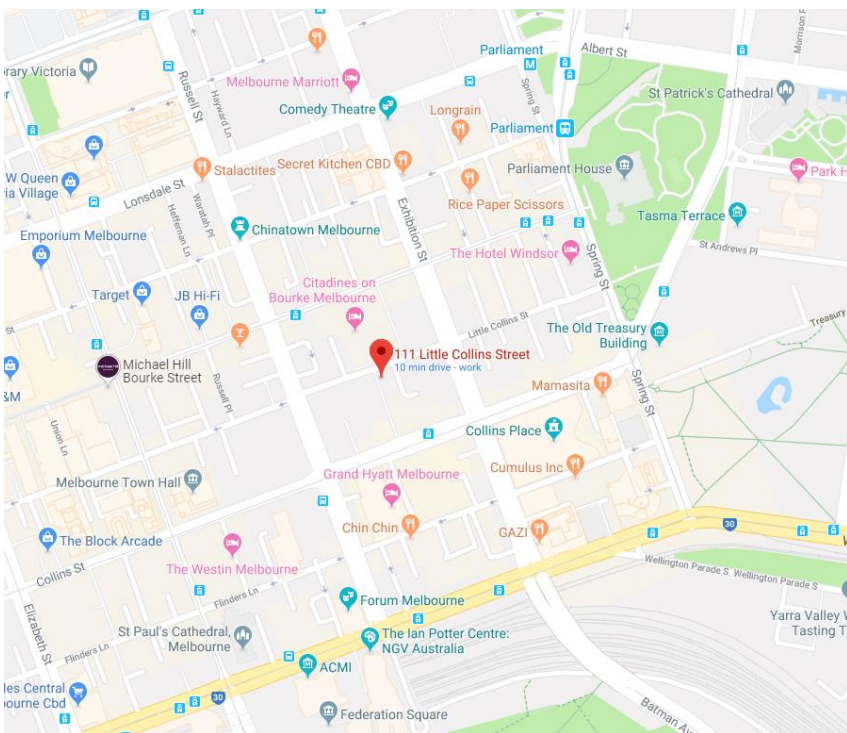
Please vote for the best presentation by either clicking on the following URL or scanning the QR code:

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Venue

Stamford Plaza Melbourne (111 Little Collins St, Melbourne VIC 3000)



ARRIVING BY CAR

Stamford Plaza Melbourne is situated on 111 Little Collins Street between Exhibition Street and Russell Streets and is an easy 30 to 45-minute drive via City Link from Melbourne Tullamarine Airport.

SELF PARKING

Stamford Plaza Melbourne hotel is centrally located in the CBD and there are numerous options available for self-parking in public car parks close to the hotel.

AIRPORT & LIMOUSINE TRANSFERS

Book our door-to-door airport transfer service to be greeted at Melbourne's Airports, or any location in the city by the conference venue's professional chauffer partners who will pick you up and drop you to Stamford Plaza Melbourne hotel in a high class vehicle.

Just contact 03 9659 0224 or email conciierge@spm.stamford.com.au with the following details -

Guest name

Flight numbers & times

Number of passengers travelling

Contact number

And the team will make suitable arrangements for your requirements.

Skybus airport transfers to Southern Cross Station (in the CBD)

\$18 one way - \$36 return

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The hotel drop off and pick up from Southern Cross operates:

- Mon - Fri 0600am - 1030pm

- Sat - Sun 0600am - 0700pm

Return pickups can be booked through the conference hotel concierge desk.

PUBLIC TRANSPORT

Train Stations

Parliament Station 450m walk

Flinders Street Station 750m walk

Tram stops

Collins Street stop Trams 11, 12, 48 & 109: 150m via Alfred Place

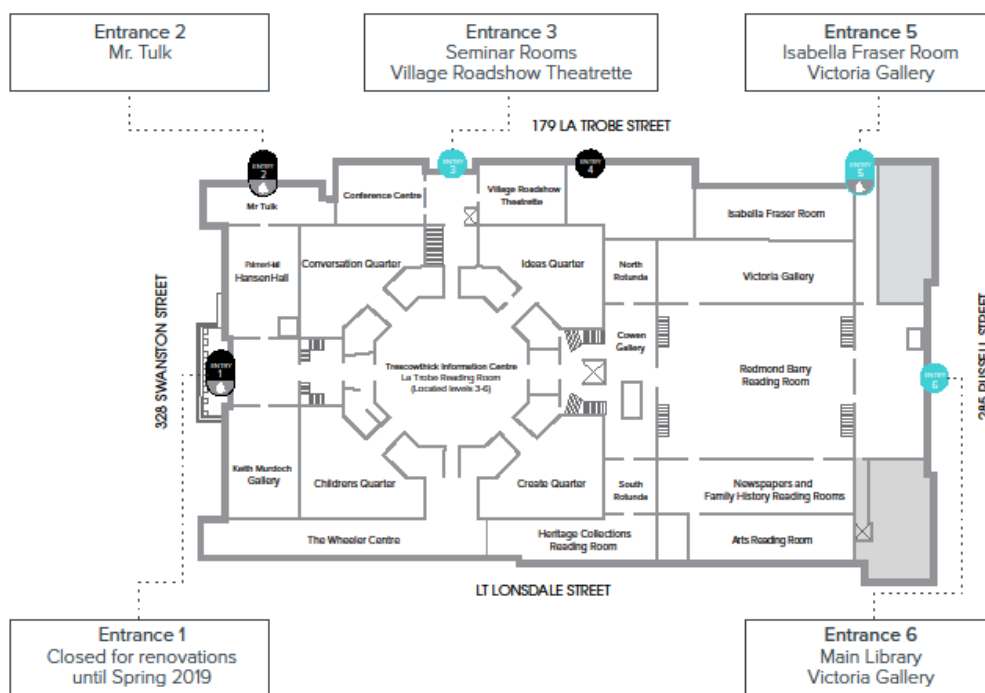
Bourke Street stop Trams 86 & 96: 240m via Southern Cross Lane

Conference Dinner

The conference dinner will be held in the Isabella Fraser Room of the State Library of Victoria, within just a 12-minute stroll from Stamford Plaza Melbourne hotel. The Isabella Fraser Room can be easily accessed via Entrance 5 of the State Library of Victoria.

State Library Victoria

Directional Map



EVENT GROUP



Conference Program

Tuesday 24th September

8:00 – 8:50: Registration

8:50 – 9:00: Welcome Address

Thornbury Room

**9:00 – 10:00: Plenary Session 1: Prof Thomas Buchmueller
Economic Effects of the ACA Medicaid Expansion**

Thornbury Room

10:00 – 10:30: Morning Tea

10:30 – 12:10: Parallel Session 1

Session 1A Measuring Health and Quality of Life I: Multi instrument comparison

Location Buckingham II Room

Session Chair Julie Ratcliffe (Flinders University)

Cathy Mihalopoulos A comparison of multi-attribute utility measures to routine used outcome measures in children and adolescents with mental disorders
Deakin University

Sara Carrillo de Albornoz Relationship between health-related quality of life and subjective wellbeing instruments in asthma
Monash University

Mona Aghdaee Sensitivity of the EQ-5D-5L and AQoL-8D to co-morbidities
Macquarie University

Alice Tran Validation of a dementia-specific preference-based instrument (AD-5D) developed with an Australian population cohort
University of Queensland

Session 1B Non-medical effects and interventions

Location Blenheim Boardroom

Session Chair Lisa Gold (Deakin University)

Nicole Moretto A cost analysis of an intergenerational care program
University of Queensland

Marufa Sultana Household economic burden of severe childhood pneumonia management: A cost-of-illness study
Deakin University

Bernice Hua Ma A systematic review on the economic evaluation of non-medical/hospital interventions for people with a disability
Monash University

Laura Fanning Systematic review of economic evaluations of childhood food allergy interventions
University of Melbourne

Session 1C Health economics and genomics: assessing value within the Genomic Health Alliances in Australia

Location Thornbury Room

Session Chair Maarten IJzerman (University of Melbourne)

Louisa Gordon From oncology and neurology to paediatrics and superbugs – valuing clinical genomics in Queensland
QIMR Berghofer

Paula Lorgelly Genomic testing to sequence advanced cancer: comparing preferences in the iPREDICT study
KCL & Monash

Ilias Goranitis Choice experiments and the value of genomic testing: do experiences and attitudes matter?
University of Melbourne

Session 1D Socio-economic determinants of health and healthcare use

Location Balmoral Room

Session Chair Susan Mendez (University of Melbourne)

Esperanza Vera-Toscano Assessing the impact of fuel poverty on health: Evidence from HILDA, the Australian household longitudinal survey
University of Melbourne

Mehdi Ammi The effect of social capital on health and its mechanisms in Canada
Carleton University

Karinna Saxby Structural stigma and healthcare use patterns in sexual minority groups
Monash University

Claryn Kung On trait loneliness: Life-course evidence from two UK longitudinal surveys
Monash University

Session 1E Hospitalizations, survival and risk factors

Location Edinburgh Room

Session Chair Tony Scott (University of Melbourne)

Jongsay Yong Socioeconomic status, access to invasive coronary angiography, and survival probability of acute myocardial infarction patients
University of Melbourne

Son Nghiem The journey of a heart attack: a multi-state survival analysis of the Queensland cardiac longitudinal linkage data
Griffith University

Ang Li	Socioeconomic, demographic and health-related factors for referrals on hospital discharge among children and adolescents with Anorexia Nervosa: findings from a panel of the New South Wales admitted patients data collection University of Sydney
Chris Schilling	Respiratory hospitalisations in early childhood KPMG

12:10 – 1:00: Lunch

1:00 – 2:40: Parallel Session 2

Session 2A
Location **Buckingham II Room**

Session Chair	Gang Chen (Monash University)
Natalie Carvalho	One itchy mite. Quantifying the health-related quality of life burden of scabies in Fiji University of Melbourne
Qing Xia	Health State Utilities for Economic Evaluation of Bariatric Surgery: A Systematic Review and Meta-Analysis University of Tasmania
Hasnat Ahmad	Measurement of Health State Utility Values in Australians with Multiple Sclerosis using AQoL-8D utility instrument University of Tasmania
Ingrid Cox	A systematic review and meta-analysis of health-related quality of life in patients with Idiopathic Pulmonary Fibrosis University of Tasmania

Session 2B
Location **Blenheim Boardroom**

Session Chair	Anthony Harris (Monash University)
Anita Lal	The general and dental health benefits of reducing consumption of discretionary foods in the Australian population Deakin University
Moin Uddin Ahmed	Socioeconomic Determinants of Diabetes-related Foot Disease in Australia: Evidence from a Large Representative Sample Western Sydney University
Michelle Cunich	Incorporating preferences and best available evidence now using an online multi-criteria decision analytic tool for weight management University of Sydney
Anagha Killedar	Utility values for economic evaluation of obesity interventions in adolescents University of Sydney

Session 2C **Towards a well-functioning and sustainable private health insurance market in Australia**

Location **Thornbury Room**

Session Chair: Jongsay Jong (University of Melbourne)

This organised session brings together leading experts to discuss the historical developments, current state of affairs, and future directions of the private health insurance system in Australia. The session will cover a broad range of issues with a view of fostering discussions among health economists and researchers on policy developments and future of research.

Speakers: Terence Cheng
 University of Adelaide

 Stephen Duckett
 Grattan Institute

 Shaun Gath
 Narrabundah Partners

 Nathan Kettlewell
 University of Sydney

Session 2D **Children and parent's health**

Location **Balmoral Room**

Session Chair Nicole Black (Monash University)

Julie Riise Effects of Universal Child Care on Long-Run Health
 University of Bergen

Victoria Baranov Maternal depression and child development: evidence from a psychotherapy RCT and stress biomarkers from hair
 University of Melbourne

Jayanta Sarkar Engagement in Child Health Program and Parental Preferences: Evidence from Australia
 Queensland University of Technology

Maarten Lindeboom A Bit of Salt, A Trace of Life: The Impact of a Salt Iodization Program on Human Capital Formation of School Aged Children in China
 VU Amsterdam

Session 2E	AHED Workshop
Location	Edinburgh Room
Session Chair	Michelle Tew (University of Melbourne)
Ieva Sriubaite	My Vote - My Life? The Consequences of Hospital Closures in Germany CINCH Health Economics Research Center
Naimi Johansson	Regional variations in pharmaceutical expenditures – evidence from movers between regions in Sweden University of Gothenburg
Nicola Huxley	How do clinicians respond to feedback on competing outcomes? Evidence from a prostate cancer clinical quality registry Monash University
Michelle Tran	Intergenerational transmission in health: Does the relationship change as parents age? University of Queensland
Ariuntuya Tuvdendorj	Reducing burden of diseases through tobacco taxes intervention in Mongolia University of Groningen
Owen Tan	Modelling the economic impact of next generation sequencing on childhood cancer management—a microsimulation approach Macquarie University

2:40 – 3:10: Afternoon Tea

3:10 – 4:50: Parallel Session 3

Session 3A	Preferences and values 1
Location	Buckingham II Room
Session Chair	Alison Pearce (University of Sydney)
Emily Lancsar	Does combining data from the economics laboratory with a discrete choice experiment improve our understanding of health-related decision-making? Australian National University
Thao Thai	Is smaller always better? A comparison of a full choice set design and a partial choice set design in a discrete choice experiment Monash University
Jean Spinks	Risky business, healthy lives – does risk perception, risk preferences and information influence risky health choices? Griffith University

Session 3B	Modelled Evaluation
Location	Blenheim Boardroom
Session Chair	Michelle Cunich (University of Sydney)
Katie Dale	The cost-effectiveness of latent tuberculosis screening and treatment strategies in Australia Peter Doherty Institute
Ting Zhao	A Systematic Review of the Evolution of Health Economic Models Developed for Osteoarthritis University of Tasmania
Mutsa Gumbie	The cost-effectiveness of cochlear implants in UK adults Macquarie University
Hannah Beilby	Cost-Effectiveness of Nasal High Flow (NHF) compared to Standard Oxygen Therapy (SOT) in Pediatric Critical Care – a Decision Tree Analysis University of Queensland
Session 3C	Interventions and health care supply and demand
Location	Thornbury Room
Session Chair	Terence Cheng (University of Adelaide)
James John	Effectiveness of a 12-month patient-centred medical home model of primary care, the WellNet program, versus standard care for chronic disease management in high risk patients across general practices in Sydney, Australia Western Sydney University
Olukorede Abiona	Provider responses to insurance benefit restrictions: The case of ophthalmology University of Technology Sydney
Katarina Milovanovic	Operating Theatre Efficiency: Impact of Delays on Theatre Utilisation, a Retrospective Panel Data Analysis Epione Advisory
Session 3D	Life events and health shocks
Location	Balmoral Room
Session Chair	David Johnston (Monash University)
Elaine De Gruyter	Prosocial behaviour following a health shock Monash University
Ian Li	Quantile Effects of Anticipation and Adaption to Life Events on Subjective Wellbeing in Australia University of Western Australia
Clifford Afoakwah	Unemployment and health outcomes: evidence from a linked longitudinal cardiac data Griffith University
Nataliya Ilyushina	The Role of Paid and Unpaid Work in Explaining the Gender Differences in Mothers' and Fathers' Mental Health. RMIT

Session 3E	Health in developing country setting
Location	Edinburgh Room
Session Chair	Dipanwita Sarkar (Queensland University of Technology)
Salma Ahmed	Does Health-related Aid Really Matter? Evidence from South Asia Deakin University
Danusha Jayawardana	Child labour matters: Overlooked adolescent mental health effects of child labour University of Adelaide
Lili Vu	Child stunting and household livelihoods in rural Myanmar University of Western Australia
Muhammad Irfan	Childhood mortality due to the use of solid fuels– A cross-country panel analysis University of Otago

5:30 – 6:30: AHES AGM **Balmoral Room**
(pre-AGM drinks 5:00-5:30)

7:00 – Late: Drinks & Dinner **Isabella Fraser Room of the State Library of Victoria**

Wednesday 25th September

8:15 – 9:00: **Special session: Launch of AIHW Health Expenditure report**

Thornbury Room

For over 35 years, *Health Expenditure Australia* has provided the official record of health spending in Australia. Each year it provides an overview of the big stories across the public and private health systems. At this special session, Dr Adrian Webster from the Australian Institute of Health and Welfare will launch the most recent report and provide an overview of the latest trends.

8:30 – 9:00: **Registration**

9:00 – 9:50: **Parallel Session 4**

Session 4A **Preferences and Values 2**

Location **Buckingham II Room**

Session Chair Virginia Mumford (Macquarie University)

Kim-Huong Nguyen Comparing dementia specific health state values between people with dementia, caregivers and older Australians using a discrete choice experiment
University of Queensland

Alison Pearce Do people with poor health literacy report greater difficulty with discrete choice experiments?
University of Sydney

Session 4B **Evaluation**

Location **Blenheim Boardroom**

Session Chair Mutsa Gumbie (Macquarie University)

Margie Campbell Evaluation of the Victorian Healthy Homes Program
University of Technology Sydney

Tash Brusco Victorian State Government's BCV Innovation Fund: cost-effectiveness of scaling and implementing the Sepsis Pathway in Victoria, Australia
Alpha Crucis Group

Session 4C **Environmental factors and health**

Location **Balmoral Room**

Session Chair Son Nghiem (Griffith University)

David Johnston Health and Economic Effects of Direct Household Exposure to Disaster Events
Monash University

Christian Mardones Impact of pollution caused by particulate matter on emergency room admissions for respiratory causes in southern Chile
University of Concepcion

Session 4D Health care supply and demand

Location Edinburgh Room

Session Chair Ou Yang (University of Melbourne)

Jia Song How does gender differences in family responsibilities affect doctors' labour supply? Evidence from Australian panel data
University of Adelaide

Minke Remmerswaal Selection and Moral Hazard in Health Care: Effects of Voluntary Deductibles in the Netherlands
Tilburg University

9:50 – 10:20: Morning Tea

10:20 – 12:00: Parallel Session 5

Session 5A Preferences and values 3

Location Buckingham II Room

Session Chair Emily Lancsar (Australian National University)

Elizabeth Huynh Investigating preferences for exercise and nutrition programs: A menu choice stated preference task
Australian National University

Virginia Mumford Evaluating parent preferences for preventing and managing medication errors in paediatrics: a discrete choice experiment
Macquarie University

Ghada Gleeson A new equilibrium approach to deriving the monetary value of a QALY
Australian National University

Session 5B Health inequalities

Location Blenheim Boardroom

Session Chair Johannes Kunz (Monash University)

Guido Erreygers A distributional regression approach to income-related inequality of health in Australia
University of Antwerp

Dennis Petrie The Dynamics of the Social Gradient in Health over the Life Cycle
Monash University

Ekaterina Woods	Income-related inequalities in health care utilisation and expenditure in the US children with asthma University of Melbourne
Kittiphong Thiboonboon	Unequal Changes in the Body Mass Index Distribution of population University of Technology Sydney

Session 5C **Future needs and impacts**
Location **Thornbury Room**

Session Chair	Brenda Gannon (University of Queensland)
Petra Graham	Poverty in 2030: the impact of illness Macquarie University
Melanie Zeppel	Hidden costs of caring: Socioeconomic costs of chronic conditions - back pain, intellectual disability and autism spectrum disorders, mental illness, depression, and arthritis Macquarie University
Evelyn Lee	The impact of illness on retirement finances for the periods 2015 to 2030 Macquarie University
Tina Rampino	Beyond demographic change: Incorporating cohort effects in health care needs-based planning in Australia University of Queensland

Session 5D **Substance use disorders**
Location **Balmoral Room**

Session Chair	Rachel Knott (Monash University)
Sonja Kassenboehmer	Economic Insecurity and Opioid Deaths Monash University
Liana Jacobi	Legally High? Access, Dynamics and Complementarities among Sin Goods University of Melbourne
John Haisken-DeNew	Evaluating Policy Changes to Prescription Opioids and their Close Substitutes University of Melbourne
Jenny Williams	De Facto or De Jure? Ethnic differences in quit responses to legal protections University of Melbourne

Session 5E **Children and healthcare**
Location **Edinburgh Room**

Session Chair	Claryn Kung (Monash University)
Chau Tran	Time allocation and Australian children's overweight and obesity Monash University
Jessica Arnup	The impact of family poverty on children's time use Monash University

Jemimah Ride	Is 'minimally adequate treatment' really adequate? Investigating the effect of mental health treatment on quality of life for Australian children with mental health symptoms. University of Melbourne
Anam Bilgrami	Does introducing a national Paid Parental Leave scheme improve maternal mental health? Macquarie University

12:00 – 12:50: Lunch

12:50 – 2:05: **Parallel Session 6**

Session 6A	Measuring Health and Quality of Life III: QoL patterns, effects and trajectories
Location	Buckingham II Room
Session Chair	Natalie Carvalho (University of Melbourne)
Michelle Tew	Quality of Life Trajectories in Total Knee Replacement Patients University of Melbourne
Tracy Comans	Patterns of morbidity and co-morbidities and impact on quality of life measured by EQ-5D-5L utility in an Australian general population sample University of Queensland
Julie Campbell	Impact on AQoL-8D health state utility values and scores for a cohort with complex health and wellbeing needs participating in a pilot support coordination service University of Tasmania
Session 6B	Real-world data for evaluation
Location	Blenheim Boardroom
Session Chair	Dennis Petrie (Monash University)
Peter Ghijben	Validating health gains for health technology assessment decision-making. A practical guide for analysing "real-world" data Monash University
Rajan Sharma	Tackling methodological challenges using real-world data in economic modelling: evaluation of newborn hearing screening programs Macquarie University
Nikita Khanna	Health system resource utilisation and costs of post-treatment cancer surveillance using CT or PET/CT imaging in asymptomatic melanoma patients. University of Sydney

Session 6C	Economics of Ageing
Location	Thornbury Room
Session Chair	John Haisken-DeNew (University of Melbourne)
Brenda Gannon	Taking a Tumble: The health shock of a fall and implications for health care utilisation for older people University of Queensland
Nicolau Martin Bassols	Work activities and dementia Monash University
Megan Gu	Family, friends and framing: a cross-country study of subjective survival expectations Macquarie University

Session 6D	Risky Behaviours
Location	Balmoral Room
Session Chair	Nathan Kettlewell (University of Sydney)
Nicole Black	The effects of proximity to gambling venues on gambling and gambling-related harms Monash University
Ying Yao	Impact of Choice Set on Tobacco Purchasing: Evidence from a Natural Experiment Hitotsubashi University
Jane Fry	Road accidents and the introduction of harsher speeding penalties in England and Wales Monash University

Session 6E	Human capital and health
Location	Edinburgh Room
Session Chair	Rachel Knott (Monash University)
Johannes Kunz	Language Skills and Infant Health Monash University
Jakob Everding	The Intergenerational Effect of Children's Education on Parental Mental Health University of Hamburg
Anh Trinh	Mental Health Impacts of Child Labour: Evidence from Vietnam and India RMIT

2:05 – 3:35: Afternoon Tea

2:35 – 3:35: Plenary Session 2: Prof Jody Sindelar **Thornbury Room**
Health Behaviors: Big Data, New Tech and Opportunities

3:35 – 4:00: Awards Ceremony

Other useful information

Weather

Melbourne enjoys warm summers, glorious springs, mild autumns and crisp winters.

With its variable climate, Melbourne heats up December to February (summer), cools down March to May (autumn), chills out June to August (winter), and warms up again September to November (spring).

Melbourne's top temperatures are usually in January and February. Those months are often dry, with hot spells and cooling afternoon breezes off Port Phillip Bay. June and July are the coldest months, and October is the wettest.

Annual average rainfall for Melbourne is around 650mm – less wet than Sydney.

Visit the Australian Government's [official Bureau of Meteorology website](#) for monthly temperature and rainfall averages across Victoria.

Tourism and recommendations for fun things to do while in Melbourne

Melbourne's exciting mix of style, sport, culture and dining means you'll never want to leave.

With Melbourne's combination of world-class dining, art galleries, homegrown fashion and a packed sports calendar, it's no surprise Victoria's capital is regarded as one of the world's most livable cities. Follow this guide to discover its hidden charms.

Don't miss

- Discover Melbourne's hidden laneways and rooftop bars
- Cheer with the fans at major Australian sporting events
- Dine at culinary hotspots

Useful tips

- Decide when to visit and what to pack with this info on seasonal [weather in Melbourne](#).
- Find all of the city's transport options with this guide on [getting around](#).
- Visit a local [visitor information centre](#) for more detailed info on the area.

Things to do and top attractions in Melbourne:



Wander through Melbourne's laneways

The centre of [Melbourne](#) is threaded with cobbled [laneways](#), which have become a mecca for coffee shops, cafés and unique shopping boutiques. Start at Flinders Street station, wander down Degraeves Street, and explore the city's beautiful arcades and street art around every corner - including works from England-based graffiti artist Banksy. Head down Collins Street to visit the exquisite Block Arcade then get your caffeine hit at pocket-sized [Brother Baba Budan](#) or [Patricia](#), both on Little Bourke Street.



Get a taste of Melbourne's best coffee

For Melburnians, coffee is more than just an essential part of their morning routine. It's become so deeply embedded in the culture that it has truly evolved into an art form. Home to thousands of cafes and some of the world's best baristas, you'll never be far away from a sophisticated cup of single origin coffee. Australia's signature coffee is the flat white (similar to a latte), but you'll also find cold-drip, pour over, siphon and even Instagram-worthy green matcha, [blue algae](#) and tumeric infused lattes. Head to [ST. ALi](#) in South Melbourne, [Seven Seeds](#) in Carlton or [Industry Beans](#) in Fitzroy to see for yourself just how serious coffee can be. Find our top pick of Melbourne's [coffee shops here](#).



Shop like a local

Melbourne is renowned for its [markets](#), which sell everything from local produce to arts and crafts and vintage fashion. Get amongst the hustle and bustle of the [Queen Victoria Markets](#), the largest open-air market in the Southern Hemisphere. You can take a bus from there to the [South Melbourne Market](#), and enjoy dim sim or street-style Mexican food under its historic awnings. On weekends, pick up handmade pieces from emerging Australian designers at the [Rose St. Artists' Market](#) in Fitzroy, just a quick tram ride from the city centre.



Dine at some of Melbourne's most famous restaurants

Book well in advance for [Attica](#), one of the world's 50 best restaurants, and tuck into Ben Shewry's unique tasting menu. Melbourne's city laneways are home to popular restaurants, such as [Tonka](#), hidden down the graffiti-covered Duckboard Place, and elegant [Flower Drum](#) on Market Lane. For the tastiest cheap eats, don't miss [Hanoi Hannah's](#) delicious Vietnamese street food or [Fonda Mexican](#) for tacos and burritos. Both pack out quickly.



Sip cocktails at a rooftop bar

Enjoy drinks with a view at one of Melbourne's many [rooftop bars](#). Popping up across the city centre, and the bohemian neighbourhoods of Fitzroy and Carlton, these high-altitude bars enable you to watch the sun set with a drink in hand. Local favourites include the spectacular rooftop terrace at [Naked in the Sky](#) in Fitzroy, [Rooftop Bar](#) gracing Curtin House in the city centre (which transforms into a rooftop cinema in summer), and, nearby, the very unique [Madame Brussels](#).



Indulge at one of Melbourne's famed bakeries

Hop on a tram from Bourke Street in the city centre to the seaside suburb of [St Kilda](#). Here, you can stroll the foreshore to the St Kilda Pier, home to a colony of little penguins or take a ride on the roller coaster at historic Luna Park. Afterwards enjoy sweets at one of Acland Street's many continental cake shops, such as the kugelhupf (brioche cake swirled with melted chocolate) at [Monarch Cakes](#) or a slice of baked cheesecake at [Europa Cake Shop](#). If you're in Fitzroy, line up for what is often lauded as the world's best croissant (it's worth the wait!) from [Lune Croissanterie](#) and marvel at the state-of-the-art Lune Lab where diners can sample the latest experimental flavours. If you're looking for something vegan and allergy-friendly, head to [Mister Nice Guy's Bake Shop](#), not far from Flemington Race Course.



Explore Melbourne's vibrant arts and culture

The [National Gallery of Victoria](#) (NGV) is Australia's oldest gallery (founded in 1861) and hosts an exciting range of international and local exhibitions and events, and a collection of more than 70,000 works. Visit the [Australian Centre for the Moving Image](#) (ACMI) to immerse yourself in the world of film, television and digital culture or take a taxi to the [Heide Museum of Modern Art](#) at Bulleen for an insight into Australian artists. In the evening, catch a performance at one of Melbourne's many [theatres](#), which host everything from musicals to comedy and cabaret. Or if you're in the mood for [live music](#), swing past [Bird's Basement](#) jazz club in the centre of Melbourne for gigs from local and international musicians.